



My Emergency Plan

Name: _____

Zone: _____

Our meeting point is located at: _____

Notify immediately: _____

or Notify: _____

My "buddy" is *(if applicable)*: _____

If I need to evacuate, go here: _____

Or go here: _____

#1 Alternate route away from here: _____

#2 Alternate route away from here: _____

Preparing seniors for natural disasters and other emergencies
www.emergencyprephelp.org info@emergencyprephelp.org

Emergency Prep Help is a fiscally sponsored project of [Community Initiatives](#),
a registered tax-exempt 501(c)(3) nonprofit organization, EIN# 94-3255070

Alerts & Notifications

SoCoAlert

Sign up for SoCoAlert and select to receive alerts through landline, cell, work, email, text, or all of them. The system also works with telephone devices for the deaf. For general questions about SoCoAlert, call (707) 565-1369 or go to socoemergency.org to sign up.

Nixle

Sign up to receive emails and text messages from local fire and law enforcement. Text your zip code to 888777, or go to Nixle.com to register.

Weather Alert Radios

A weather alert radio automatically responds when it receives an emergency alert, even if you aren't listening to it. It stays plugged in and comes with batteries in case of power loss. If you are deaf or have hearing loss these radios have add-on equipment such as strobe lights and bed shakers. Buy weather alert radios locally or on Amazon for about \$30.

Wireless Emergency Alerts (WEA)

The Wireless Emergency Alerts system is an essential part of America's emergency preparedness – all through alerts on compatible cell phones and other mobile devices. You do not have to sign up, if you have a cell phone you will receive the alerts automatically.

A WEA alert appears as a text-like message. The alert is accompanied by an attention-grabbing signal and vibration, which is particularly helpful to people with hearing or vision-related disabilities.

Emergency Alert Systems (EAS)

The EAS system sends messages to local radio and television stations who may then broadcast it. An EAS message is typically accompanied by a special warning tone.

Hi-Low Sirens

A distinctive two-tone siren (hi-low) alerts you of life-threatening danger.