



Go-Bag Checklist

Basic Emergency Bag	Personalize Your Emergency Bag
<ul style="list-style-type: none">● Copy of Important Papers● Emergency Contact List● First Aid Kit● LED Flashlight● Whistle● Snacks - Granola Bars, Jerky, etc.● Disposable Face Masks & Gloves● Hand Sanitizer● Reusable Water Bottle● Mylar Blanket● Emergency Poncho● Travel Toothbrush● Garbage Bags	<ul style="list-style-type: none">● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____● _____
<p>Suggested Items to Add</p>	
<ul style="list-style-type: none">● Spare Glasses/Hearing Aids/Batteries● All Necessary Chargers● Medications (for 7 days)● Personal Hygiene Items● Emergency Radio & Batteries● Layered Clothing (for 3 days)● Warm Jacket, Hat, Gloves, Socks● Old Sneakers or Walking Shoes● Warm Blanket or Sleeping Bag● Extra Snacks - Bars, Jerky, etc. (6)● Cash (\$300, small bills)● Spare Keys, incld. Safety Deposit Box● Family Photo (or other memento)	
<p>Pet Emergency Bag</p>	
<ul style="list-style-type: none">● Carrier● Food (pop top) & Water (3 days), Bowls● Medications/Supplements● Waste Bags & Garbage Bags (10 ea.)● Kitty Litter Box and Litter● Towel / Blanket / Toys● Collar/ Leash / Harness● Photo of Pet with Name	

Preparing seniors for natural disasters and other emergencies

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